



DRESS CODE POLICIES

2025-2026

GENERAL

- 1. KFDA enforces a strict dress code to promote safely, discipline, and uniformity in all classes. Proper dress allows instructors to view proper body alignment and muscle use.
- 2. No street clothes are permitted in dance classes (no jeans, or non-stretch clothes are allowed).
- 3. Students are responsible for being ready for class. Students should follow all dress code guidelines and come to class in appropriate dance attire and shoes.

PURCHASE INFO

 Dance shoes and some attire can be purchased through the KFDA Online Store see https://www.shopnimbly.com/kfoxdance). Dancewear and shoes can also be purchased at this local retailer:

Tiger Wear and Dancer's Lair 14452 LA-44, Suite D, Gonzales, LA 70737.

It is recommended you avoid purchasing dance shoes form large chain stores such as Target and Walmart. These shoes are usually very low quality. When purchasing dance wear and shoes, please follow color and style requirements listed on the following pages.

SHOES & APPAREL

- 1. Dance shoes should NOT be worn outside of the dance studio at any time.
- 2. Ballet shoestrings should be tucked inside the shoe or cut off.
- 3. Please be aware of what shoes are required for each class your dancer in enrolled in. Also take note of the color of shoes needed as well.
- 4. No jewelry is allowed except for small post earrings.
- 5. Do not send young children to class with any dress-up jewelry or accessories such as crowns, tiaras, necklaces, and bracelets. These items create a distraction for young dancers and disrupt the class. We would hate to have any of our dancers in tears if their accessories were to break during class.
- 6. Do not send your children to class with dolls and stuffed animals, unless otherwise specified by the instructor.
- 7. Female students should not wear underwear when wearing tights. Dance tights act as underwear thus eliminating the need for traditional underwear. Leotards should be worn with tights, booty/biker shorts, or leggings.

DRESS CODE POLICIES CONTINUED

HAIR

1. Hair should be pulled back away from the dancer's face for all classes, a bun, ponytail, or braid(s) are preferred.

GROOMING

- 1. Proper hygiene is essential in all aspects of life, but crucial in the dance world. In the dance studio where activities induce sweat and dancers are moving through space, odors can become a terrible distraction. It can be an embarrassment for students, especially if mentioned aloud by an insensitive classmate. To avoid problems such as these, please be sure all dancewear is laundered after each use, hair and bodies should be kept clean, and deodorant should be a consideration for all students age 8 and up for dance class.
- 2. Please do not spray perfume prior to dance class or use in lieu of cleanliness as this will create an offensive odor when mixed with sweat and may aggravate the allergies of other (sensitive) students.

CONSEQUENCES

- 1. Dancers who do not dress appropriately for class will be given a reminder card.
- 2. If a dancer returns to class for a second time and does not adhere to the required dress code, the dancer will be asked to leave/or sit in the lobby, and a parent will be contacted.

PLEASE SEE THE FOLLOWING PAGES FOR OUR CLASS DRESS REQUIREMENTS

TINY TWOS COMBO CLASS Age 2 **BOYS GIRLS** DANCEWEAR **DANCEWEAR** White or black T-shirt Pink dance dress (leotard with Black athletic shorts or pants skirt attached) or pink leotard; no separate skirt and leotard Or Pink leotard **TIGHTS** Pink dance tights Light pink - *not peachy-pink* • Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole) SHOES **SHOES** Pink ballet shoes Black ballet shoes or black jazz shoes

TERRIFIC THREES COMBO CLASS Age 3	
GIRLS	BOYS
DANCEWEAR	DANCEWEAR
Pink dance dress (leotard with skirt attached) or pink leotard; no separate skirt and leotard Or Pink leotard TIGHTS Pink dance tights Light pink - *not peachy-pink* Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)	White or black T-shirt Black athletic shorts or pants
SHOES	SHOES
Pink ballet shoes	Black ballet shoes ballet shoes or black jazz shoes
Tan buckle tap shoes • Tan or a color close to your child's skin tone • Velcro or Buckle "Mary Jane" style - *NO TIES*	Black tie or slip-on tap shoes

PRE-SCHOOL COMBO CLASS Age 4 & 5 **BOYS GIRLS DANCEWEAR DANCEWEAR** White or black T-shirt Pink or black dance dress Black athletic shorts or pants (leotard with skirt attached), no separate skirt and leotard Or Pink or black leotard **TIGHTS** Pink dance tights Light pink - *not peachy-pink* • Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole) **SHOES SHOES** Black jazz shoes Pink ballet shoes Tan buckle tap shoes Black tie • Tan or a color close to your or slip on tap shoes child's skin tone Velcro or Buckle "Mary Jane" style - *NO TIES*

PRIMARY COMBO CLASS 1 Age 6 **BOYS GIRLS DANCEWEAR DANCEWEAR** BLACK DANCEWEAR ONLY White or black T-shirt Black athletic shorts or pants Any of the following is acceptable; Dance dress with skirt attached leotard Leotard with tights · Short-length or legging unitard Leggings, jazz pants, booty/biker shorts • Crop tops, sports bras, tank tops **TIGHTS** Skin tone dance tights Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole) **SHOES SHOES** Skin tone jazz shoes Black jazz shoes • Tan or a color close to your child's skin tone Skin tone tap shoes Black tie

• Tan or a color close to your child's skin tone



or slip-on tap shoes





PRIMARY COMBO CLASS 2 Age 7-8

GIRLS

BOYS

DANCEWEAR

DANCEWEAR

BLACK DANCEWEAR ONLY

Any of the following is acceptable;

- · Dance dress with skirt attached leotard
- Leotard with tights
- · Short-length or legging unitard
- Leggings, jazz pants, booty/biker shorts
- Crop tops, sports bras, tank tops











White or black T-shirt

Black athletic shorts or pants



SHOES





TIGHTS

Skin tone dance tights

 Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)



SHOES



- Tan or a color close to your child's skin tone
- Slip-on with elastic on side or on elastic top



Black jazz shoes

 Slip-on with elastic on side or elastic on top



Skin tone tap shoes

- Tan or a color close to your child's skin tone
- Tap shoes can be tie or slip-on





Black tie or slip-on tap shoes





PRE-TEEN COMBO CLASS

Age 9-11

GIRLS

DANCEWEAR

BLACK DANCEWEAR ONLY

Any of the following is acceptable;

- · Dance dress with skirt attached leotard
- · Leotard with tights
- · Short-length or legging unitard
- Leggings, jazz pants, booty/biker shorts
- Crop tops, sports bras, tank tops



TIGHTS

Skin tone dance tights

 Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)



BOYS

DANCEWEAR

- White or black T-shirt
- Black athletic shorts or pants















SHOES

Skin tone jazz shoes

- Tan or a color close to your child's skin tone
- Slip-on with elastic on side or on elastic top





SHOES

Black jazz shoes

• Slip-on with elastic on side or elastic on top



Skin tone tap shoes

- Tan or a color close to your child's skin tone
- Tap shoes can be tie or slip-on





Black tie or slip-on tap shoes





TEEN COMBO CLASS

Age 12 +

GIRLS

DANCEWEAR

BLACK DANCEWEAR ONLY

Any of the following is acceptable;

- · Dance dress with skirt attached leotard
- Leotard with tights
- · Short-length or legging unitard
- Leggings, jazz pants, booty/biker shorts
- Crop tops, sports bras, tank tops



TIGHTS

Skin tone dance tights

Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)



BOYS

DANCEWEAR

- White or black T-shirt
- Black athletic shorts or pants















SHOES

Skin tone jazz shoes

- Tan or a color close to your child's skin tone
- Slip-on with elastic on side or on elastic top







SHOES

Black jazz shoes

Slip-on with elastic on side or elastic on top



Skin tone tap shoes

- Tan or a color close to your child's skin tone
- Tap shoes can be tie or slip-on





Black tie or slip-on tap shoes





SPECIALITY CLASS

GIRLS

ACRO-DANCE WEAR

Any color, solid or pattern, biketard

TIGHTS

No fights

PRE-SCHOOL ACRO-DANCE
Age 4-6

BOYS

DANCEWEAR

• Any color T-shirt
• Any color athletic shorts or pants

TIGHTS

No shoes

No shoes

SPECIALITY CLASS

BEGINNER ACRO-DANCE Age 7 +	
GIRLS	BOYS
ACRO-DANCE WEAR	DANCEWEAR
Dancewear can be in any color or pattern. All of the following are acceptable; • biketard or legging unitard, leggings, jazz pants, booty/biker shorts crop tops, sports bras, tank tops TIGHTS	 Any color T-shirt Any color athletic shorts or pants
No tights	
SHOES	SHOES
No shoes	No shoes

SPECIALITY CLASS

PRIMARY ACRO-DANCE Age 7 +

GIRLS

ACRO-DANCE WEAR

Dancewear can be in any color or pattern. All of the following are acceptable;

 biketard or legging unitard, leggings, jazz pants, booty/biker shorts crop tops, sports bras, tank tops









BOYS DANCEWEAR

- Any color T-shirt
- Any color athletic shorts or pants







TIGHTS

No tights

SHOES SHOES

No shoes No shoes

SPECIALITY CLASS

INTERMEDIATE ACRO-DANCE

Age 7 +		
GIRLS	BOYS	
ACRO-DANCE WEAR	DANCEWEAR	
Dancewear can be in any color or pattern. All of the following are acceptable; • biketard or legging unitard, leggings, jazz pants, booty/biker shorts crop tops, sports bras, tank tops	 Any color T-shirt Any color athletic shorts or pants 	
TIGHTS		
No tights		
SHOES	SHOES	
No shoes	No shoes	

SPECIALITY CLASS

BALLET 1

Ages 6-9

GIRLS

DANCEWEAR

BLACK DANCEWEAR ONLY Any of the following is acceptable; Leotard with or without thin skirt







STREET CLOTHES, T-SHIRTS, SWEATSHIRTS, OR CROP TOPS ALLOWED

Dancers who do not follow the dress code will not be allowed to participate in class.

TIGHTS

Pink or skin tone dance tights

Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)







BOYS DANCEWEAR

- White or black T-shirt
- Black athletic shorts or pants













*If dancers own pink tights already, they may be worn until pictures and recital.

SHOES

Canvas split sole ballet flats in the color of the dancer's skin tone

If dancers own pink ballet shoes already, they may be worn until pictures and recital when skin tone shoes are needed.



SHOES

Black canvas split sole ballet shoes



HAIR

Hair should be secured in a bun style of your choice.









SPECIALITY CLASS

BALLET 2

Ages 10 +

GIRLS

DANCEWEAR

BLACK DANCEWEAR ONLY Any of the following is acceptable; Leotard with or without thin skirt, or biketard









NO STREET CLOTHES, T-SHIRTS, SWEATSHIRTS, OR CROP TOPS ALLOWED

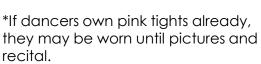
Dancers who do not follow the dress code will not be allowed to participate in class.

TIGHTS

Pink or skin tone dance tights

 Tights can be convertible (hole at the bottom to convert to footless) or footed tights with no convertible hole)







BOYS

- **DANCEWEAR**White or black T-shirt
- Black athletic shorts or pants













SHOES

Canvas split sole ballet flats in the color of the dancer's skin tone

If dancers own pink ballet shoes already, they may be worn until pictures and recital when skin tone shoes are needed.



SHOES

Black canvas split sole ballet shoes



HAIR

Hair should be secured in a bun style of your choice.









SPECIALITY CLASS

COMPETITION REHEARSAL CLASSES

GIRLS DANCEWEAR

Dancewear can be in any color or pattern.

All of the following are acceptable;

 biketard or legging unitard, leotards, leggings, jazz pants, booty/biker shorts crop tops, sports bras, tank tops











TIGHTS

- Tights are optional for competition rehearsals. If a leotard is worn, then tights must be worn.
- If tights are worn, they should be convertible and in the color of the dancer's skin tone

SHOES

 All dance shoes should be brought to every competition rehearsals

BOYS

DANCEWEAR

- Any color T-shirt
- Any color athletic shorts or pants







SHOES

 All dace shoes should be brought to competition rehearsals

SPECIALITY CLASS ADULT TAP MEN **LADIES DANCEWEAR** DANCEWEAR Dancewear can be in any color or pattern. Any color T-shirt All of the following are acceptable; Any color athletic shorts or pants • Yoga pants or legging, athletic shorts, athletic pants, jazz pants, booty/biker shorts, t-shirts, crop tops, sports bras, tank tops TIGHTS Not required SHOES **SHOES** Black tie tap shoes Black tie tap shoes

SPECIALITY CLASS ADULT JAZZ MEN LADIES DANCEWEAR DANCEWEAR Dancewear can be in any color or pattern. Any color T-shirt All of the following are acceptable; Any color athletic shorts or pants • Yoga pants or legging, athletic shorts, athletic pants, jazz pants, booty/biker shorts, t-shirts, crop tops, sports bras, tank tops **TIGHTS** Not required SHOES **SHOES**

Black jazz shoes or Skin tone jazz shoes

- Tan or a color close to your child's skin tone
- Slip-on with elastic on side or on elastic top







Black jazz shoes

