

# **DRESS CODE POLICY 2023 – 2024**

#### **GENERAL**

- 1. KFDA enforces a strict dress code to promote safely, discipline, and uniformity in all classes. Proper dress allows instructors to view proper body alignment and muscle use.
- 2. No street clothes are permitted in dance classes (no jeans or non-stretch clothes are allowed).
- 3. Students are responsible for being ready for class. Students should follow all dress code guidelines and come to class in appropriate dance attire and shoes.

#### PURCHASE INFO

1. Dance shoes and some attire can be purchased through the KFDA Online Store see <a href="https://www.shopnimbly.com/kfoxdance">https://www.shopnimbly.com/kfoxdance</a>). Dancewear and shoes can also be purchased at these local retailers: Platinum Dancewear and Apparel located at 14210 Airline Hwy., Suite A, Gonzales, LA 70737, Tiger Wear and Dancer's Lair located at 14452 LA-44, Suite D, Gonzales, LA 70737. Large chain stores such as Target and Walmart sometimes also carry dancewear as well. <a href="https://www.shopnimbly.com/kfoxdance">When purchasing dance wear and shoes, please follow color and style requirements listed on the following pages.">https://www.shopnimbly.com/kfoxdance</a>).

#### **SHOES & APPAREL**

- 1. Dance shoes should NOT be worn outside of the dance studio at any time.
- 2. Ballet shoestrings should be tucked inside the shoe or cut off.
- Please be aware of what shoes are required for each class your dancer in enrolled in. Also take note of the color of shoes needed as well.
- 4. No jewelry is allowed except for small post earrings.
- 5. Do not send young children to class with any dress-up jewelry or accessories such as crowns tiaras, necklaces and bracelets. These items create a distraction for young dancers and disrupt the class. We would hate to have any of our dancers in tears if their accessories were to break during class.
- 6. Do not send your children to class with dolls and stuffed animals.
- 7. Female students should not wear underwear when wearing tights. Dance tights act as underwear thus eliminating the need for traditional underwear. Leotards should be worn with tights, booty/biker shorts, or leggings.



## DRESS CODE POLICY CONTINUED

#### HAIR

1. Hair should be pulled back away from the dancer's face for all classes, a bun, ponytail, or braid(s) are preferred.

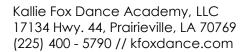
#### **GROOMING**

- 1. Proper hygiene is essential in all aspects of life, but crucial in the dance world. In the dance studio where activities induce sweat and dancers are moving through space, odors can become a terrible distraction. It can be an embarrassment for students, especially if mentioned aloud by an insensitive classmate. To avoid problems such as these, please be sure, all dancewear is laundered after each use, hair and bodies should be kept clean, and deodorant should be a consideration for all students age 8 and up for dance class.
- 2. Please do not spray perfume prior to dance class or use in lieu of cleanliness as this will create an offensive odor when mixed with sweat and may aggravate the allergies of other sensitive students.

#### CONSEQUENCES

- 1. Dancers who do not dress appropriately for class will be given a reminder card. If more than one incident occurs, the dancer will be asked to leave/or sit in the lobby, and a parent will be contacted.
- 2. Dancers may be asked to sit out during class if they fail to comply with KFDA's dress code.

\*Please see the next pages for our dress code requirements.





#### **TINY TWOS COMBO CLASS** Age 2 30-minute combo class

**GIRLS BOYS** 

**DANCEWEAR:** 

Pink dance dress (leotard with skirt attached) or pink

Leotard

TIGHTS: SHOES:

Pink dance tights - light pink - \*not peachy-pink

SHOES:

Pink ballet shoes

DANCEWEAR:

White or black T-shirt

Black athletic shorts or pants

Black ballet shoes

### TERIFFIC THREES COMBO CLASS Age 3 45-minute combo class

**GIRLS BOYS** 

**DANCEWEAR:** 

Pink dance dress (leotard with skirt attached) or pink

leotard

Pink dance tights - light pink - \*not peachy-pink

SHOES:

Pink ballet shoes

Tan buckle tap shoes - "Mary Jane" style - \*NO TIES

DANCEWEAR:

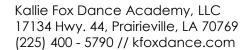
White or black T-shirt

Black athletic shorts or pants

SHOES:

Black ballet or black jazz shoes

Black tap shoes





# PRESCHOOL COMBO CLASS Ages 4-5 50-minute combo class

**GIRLS** 

DANCEWEAR:

Pink dance dress (leotard with skirt attached) or Pink or black leotard

**TIGHTS:** 

Pink dance tights - light pink - \*not peachy-pink

SHOES:

Pink ballet shoes

Tan buckle tap shoes - "Mary Jane" style - \*NO TIES

**BOYS** 

DANCEWEAR:

White or black T-shirt Black athletic shorts or pants

SHOES:

Black ballet or black jazz shoes

Black tap shoes

# PRIMARY COMBO CLASS 1 Ages 6-7 I hour and 15-minute combo class

**GIRLS** 

DANCEWEAR:

\*BLACK DANCEWEAR ONLY - Any of the following are accepted:

Dance dress with skirt attached

Leotard

Short-length or legging unitard Leggings, booty/biker shorts

Crop tops, sports bras, tank tops

TIGHTS:

Skin tone dance tights

SHOES:

Tan jazz shoes - slip-on

Tan tap shoes - slip-on

BOYS

DANCEWEAR:

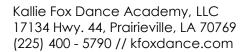
White or black T-shirt

Black athletic shorts or pants

SHOES:

Black jazz shoes - slip-on

Black tap shoes - slip-on





#### PRIMARY COMBO CLASS 2 Ages 8 - 10 I hour and 15-minute combo class

**GIRLS BOYS** 

DANCEWEAR:

\*BLACK DANCEWEAR ONLY - Any of the following are accepted:

Dance dress with skirt attached

Leotard

Short-length or legging unitard

Leggings, booty/biker shorts

Crop tops, sports bras, tank tops

TIGHTS:

Skin tone dance tights

SHOES:

Tan jazz shoes - slip-on

Tan tap shoes - slip-on

DANCEWEAR:

White or black T-shirt

Black athletic shorts or pants

SHOES:

Black jazz shoes - slip-on

Black tap shoes - slip-on

### PRE-TEEN COMBO CLASS Ages 11 -12 1 hour and 15-minute combo class

**GIRLS** BOYS

**DANCEWEAR:** 

\*BLACK DANCEWEAR ONLY - Any of the following are accepted:

Leotard

Short-length or legging unitard

Leggings, booty/biker shorts

Crop tops, sports bras, tank tops

TIGHTS:

Skin tone dance tights

SHOES:

Tan jazz shoes - slip-on

Tan tap shoes - slip-on

DANCEWEAR:

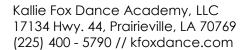
White or black T-shirt

Black athletic shorts or pants

SHOES:

Black jazz shoes - slip-on

Black tap shoes - slip-on





# TEEN COMBO CLASS Ages 13 + 1 hour and 15-minute combo

<u>GIRLS</u> <u>BOYS</u>

**DANCEWEAR:** 

\*BLACK DANCEWEAR ONLY - Any of the following are accepted:

Leotard

Short-length or legging unitard Leggings, booty/biker shorts Crop tops, sports bras, tank tops

TIGHTS:

Skin tone dance tights

**SHOES:** 

Tan jazz shoes - slip-on Tan tap shoes - slip-on DANCEWEAR:

White or black T-shirt Black athletic shorts or pants

SHOES:

Black jazz shoes - slip-on Black tap shoes - slip-on

# SPECIALITY CLASS PRE-SCHOOL ACRO DANCE 1

Ages 4-6 45-minutes

\*Must be enrolled in combo class to attend\*

<u>GIRLS</u> <u>BOYS</u>

**DANCEWEAR:** 

Any color leotard or short-length or legging unitard

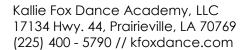
**NO SHOES or TIGHTS** 

**DANCEWEAR:** 

White or black T-shirt

Black athletic shorts or pants

NO SHOES





# SPECIALITY CLASS PRE-SCHOOL ACRO DANCE 2

Ages 5-7 45-minutes

\*Must be enrolled in combo class to attend\*

\*Must have taken Pre-School Acro-Dance 1 the previous year\*

<u>GIRLS</u> <u>BOYS</u>

**DANCEWEAR:** 

Any color leotard or short-length or legging unitard

**NO SHOES or TIGHTS** 

**DANCEWEAR:** 

White or black T-shirt

Black athletic shorts or pants

NO SHOES

# SPECIALITY CLASS CLASSICAL BALLET 1 Ages 5-7 60-minutes

GIRLS

DANCEWEAR:

\*BLACK DANCEWEAR ONLY - Any of the following are accepted: Leotard -skirts or booty shorts may be worn over leotard Short length unitard

TIGHTS:

Pink dance tights - light pink - \*not peachy-pink

**SHOES:** 

Pink canvas split-sole ballet shoes

\*NO STREET CLOTHES, NO T-SHIRTS OR SWEATSHIRTS ALLOWED\* Dancers who do not follow the dress code will not be allowed to participate in class.

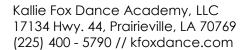
BOYS

DANCEWEAR:

White or black T-shirt, Black athletic shorts or pants

SHOES:

Black ballet shoes



**DANCEWEAR:** 

DANCEWEAR:

SHOES:

White or black T-shirt

Black athletic shorts or pants

White or black T-shirt,

Black athletic shorts or pants



## **DRESS CODE REQUIREMENTS**

# SPECIALITY CLASS CLASSICAL BALLET 2 Ages 8 + 60-minutes

<u>GIRLS</u> <u>BOYS</u>

DANCEWEAR:

\*BLACK DANCEWEAR ONLY - Any of the following are accepted: Leotard -skirts or booty shorts may be worn over leotard Short length unitard

TIGHTS:

SHOES:
Black ballet shoes

Pink dance tights - light pink - \*not peachy-pink

SHOES:

Pink canvas split-sole ballet shoes

\*NO STREET CLOTHES, NO T-SHIRTS OR SWEATSHIRTS ALLOWED\*

Dancers who do not follow the dress code will not be allowed to participate in class.

# SPECIALITY CLASS LYRICAL Ages 7 + 45-minutes

\*Must be enrolled in combo class to attend\*

<u>GIRLS</u> <u>BOYS</u>

**DANCEWEAR:** 

\*BLACK DANCEWEAR ONLY- Any of the following are accepted:

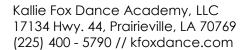
Leotard
Short-length or legging unitard
Leggings, booty/biker shorts
Crop tops, sports bras, tank tops

Leggings, booty/biker shorts

Crop tops, sports bras, tank tops

Black jazz shoes - slip-on

NO SHOES OR TIGHTS





# SPECIALITY CLASS HIP HOP Ages 10 + 45-minutes

**GIRLS** 

#### **DANCEWEAR:**

BLACK DANCEWEAR ONLY - Any of the following are accepted: Loose fit pants, leggings, booty/biker shorts short-length or legging unitard crop tops, sports bras, tank tops

#### SHOES:

Tennis shoes or past recital high tops in class – recital shoes will be purchased later.

**BOYS** 

#### DANCEWEAR:

White or black T-shirt Black athletic shorts or pants

#### SHOES:

Tennis shoes in class, recital shoes will be purchased later